

# **H** GLOBAL HEALTHSPAN SUMMIT

BY **H**EVOLUTION

## VISITOR GUIDEBOOK

Dear Guest,

The objective of this guidebook is to help you plan your participation at The Global Healthspan Summit, which will be held at



Four Seasons Hotel Riyadh At  
Kingdom Center, Saudi Arabia



29-30  
November 2023

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## VISA

Please contact us if you do not have a Saudi visa [registration@globalhealthspansummit.com](mailto:registration@globalhealthspansummit.com).

If you have a valid Saudi visa and have not sent us a scanned copy, please send it to [registration@globalhealthspansummit.com](mailto:registration@globalhealthspansummit.com).

Detailed e-visa procedure can be found [here](#).



## ARRIVAL IN RIYADH

### King Khalid International Airport

Located 35 kilometers north of Riyadh, King Khalid International Airport is the main gateway to the Saudi capital. Around 40 international airlines connect Saudi Arabia to American, European, Asian and African cities, making it easily accessible for international travelers.

### Airport Transfer

You can choose different options for you transfer from the Airport to your Hotel:

- Uber & Careem are both available.
- Booking a car with your hotel.
- Booking any private limousine service.

# RECOMMENDED

## HOTELS



### Four Seasons Hotel Riyadh at Kingdom Center

Kingdom Centre, 2239 King Fahd Rd, Al Olaya, Riyadh, 12214, Saudi Arabia.

Phone: +966 11 211 5000



### Al Faisaliah Hotel

King Fahd Rd, Al Olaya, Riyadh, 12212, Saudi Arabia

Phone: +966 11 273 2000



### Mövenpick Hotel and Residences

District, Northern Ring Branch Road, Al Ghadeer, Riyadh 13311, Saudi Arabia

Phone: +966 11 213 9888



### Crowne Plaza Riyadh Rdc Hotel & Convention

Wadi Al Muaydin, Street, Unit 4, Imam Saud Ibn Abdul Aziz Road, Riyadh, 12382, Saudi Arabia

Phone: +966 11 813 1313



### JW Marriott Hotel Riyadh

King Fahd Rd, Sahafah District, Riyadh, 11564, Saudi Arabia

Phone: +966 11 511 7777



### Hyatt Regency Riyadh Olaya

Olaya St, Al Olaya, Riyadh, 11433, Saudi Arabia

Phone: +966 11 288 1234



### Sheraton Riyadh Hotel & Towers

King Abdullah Road, Riyadh, 11623, Saudi Arabia

Phone: +966 11 454 3300

# VENUE

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The Global Healthspan Summit Organizing Team is pleased to offer to their esteemed guests preferred rates at the Four Seasons Hotel Riyadh at Kingdom Center using the PROMO CODE **231128HEV** during the event dates, or by clicking [here](#):

## VENUE

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### Location

The Global Healthspan Summit will be held at the [Four Seasons Hotel Riyadh at Kingdom Center](#).

**Address:** Kingdom Centre, 2239 King Fahd Rd, Al Olaya, Riyadh 12214, Saudi Arabia.



### Wi-Fi

Complimentary Wi-Fi will be provided on site.



### Dress Code

For women and men: business attire is expected during the Global Healthspan Summit. In respect of local custom, modest attire such as long trousers or dresses and full length shirts are customary in public. Often temperate inside due to AC and in evening, suggest to bring layers.

## PRACTICAL INFORMATION

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### Climate

The best months to visit are between November and February when the weather is coldest. The average daily high in Riyadh is still 28°C in November, but it drops to 22°C in December.



### Currency and Exchange Rates

The Saudi Riyal is the currency in Saudi Arabia. It is abbreviated as ر.س or SAR. Exchange centers are available at the King Khalid International Airport and throughout the city. ATMs are widely available in Riyadh, and you can withdraw both dollars and Saudi Riyals from the Airport ATM machines.

At present, the exchange rate is 1 SAR = 0.27 USD / 1 USD = 3.76 SAR.

# VENUE

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## **Electronic Devices**

Saudi Arabia currently provides electricity at 127/220 volts AC. British-style square three-pin plugs are used.



## **Roaming**

International roaming agreements exist with many carriers. Hotels will include access to a landline, but local and international calls can be much more expensive than calls placed on a cellular line. We suggest you check with your mobile carrier before traveling and purchase a roaming package via your carrier once on-ground.



# PLACES TO VISIT

Riyadh has much to offer including historical sites, museums, shopping malls, and restaurants.



## **Diriyah/ AlBujairi: This ancient city is a UNESCO World Heritage Site.**

Home to several historical landmarks, including the ruins of the mudbrick walls that once surrounded the city, the remains of the Salwa Palace, and the Buraydah Well. Best option would be to visit their [website](#) and choose (Visit Diriyah – Access only).



## **Murabba Palace: Former residence of King Abdulaziz**

Open for visitors from Saturdays to Thursdays from 9:00 am to 12:00 pm then from 5:00 to 8:00 pm. On Fridays, it is open during the evening period from 5:00 to 8 pm.



## **Masmak Fort**

A national landmark and was the site of the Battle of Riyadh in 1902.



## **National Museum of Saudi Arabia**

This museum houses a collection of artifacts from Saudi Arabia's history and culture.



## **Traditional Souks**

[Souq Taiba](#), which is one of the oldest markets in Riyadh. You will be able to find, gold, abayas, and Knick knacks. Another one would be [Souk Al Zal](#).



## **Boulevard World**

A seasonal festival that has different cities, so you can go around the world in a couple of hours! To learn more about it this [link](#) would be able to help - tickets can be purchased online.



## **[VIA Riyadh](#)**

A luxury experience with restaurants, stores, and a world-class cinema!