

Welcome to

The Global Healthspan Summit Program

A curated high-level program designed to delve into the forefront of global healthspan initiatives.

November 29–30, 2023
Four Seasons Hotel Riyadh at Kingdom Center, Riyadh (Saudi Arabia)

The Healthspan Arena

Day One | Wednesday, November 29, 2023

09:45	Opening Remarks
09:50	Pursing Longevity – Travels through Human History
10:00	Making the Case for the Healthspanned Society – What Now, What Next?
10:30	Too Many or Too Few? Reducing the Challenges Around the Real Population Bomb
Networking Break	
10:50	Global Geroscience Briefing – The Quest to Slow Aging
11:05	Geroprotective Agents Deep Dive
11:40	Tracking Time – Biological Age and its Biomarkers
12:00	The Good, the Bad and the Ugly – Inflammaging, Immunosenescence and Beyond
12:15	Lost in Translation – Bridging the Gap between Scientific Advancement and Clinical Application in Longevity
Networking Break	
13:30	The Healthcare Hour
14:30	Public Perception and Awareness - Past, Present and Promise
14:45	Unlocking the Art of the Possible to Create a Healthful Future - Spotlights
15:00	Harnessing Investment’s Power to Transform for Positive Impact
15:15	Follow the Money – Healthspan and Biotech Investment
15:35	Investment Town Hall
16:00	Longevity and Healthspan in the BioPharma Arena
16:30	Brave New World – Innovation Spotlights
16:50	The Doctor will See You Now – Towards Medicine 3.0

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17:30	The Lifelong Consumer – How Will Longevity Affect Consumption Patterns?
17:45	Brave New World – How Can We Transform Society to Live Longer?
18:00	Lifespan vs Healthspan?
18:20	Closing Remarks

The Healthspan Arena

Day Two | Thursday, November 30, 2023

09:45	Opening Remarks
10:00	Together We Thrive
10:30	Separate but United – Towards a Collaborative and Intersectional Global International Longevity Ecosystem
11:15	Healthspan Leaders' Review Hardtalk – Confronting the Practicalities of Longevity
11:45	Getting Personal – How to Live Healthy and Live Long
12:00	Circadian Rhythms – A Vital Key to Longevity
Networking Break	
13:30	Geopolitics and Other Hidden Factors
14:00	Technology – Biggest Friend or Worst Foe?
14:30	Exploring the Ethics of Aging
15:00	Navigating the LAByrinth – Finding New Regulatory Pathways
15:30	Volume to Value – Achieving Value-Based Healthcare
16:00	Meet the Funders – Powering Impact through Targeted Investment
16:25	Crossing The Valley of Death – Towards Market Deployment and Long-Term ROI
16:50	Reflections and Horizon-Gazing
17:10	Closing Remarks